



North Yorkshire Safeguarding Adults Board

News from the North Yorkshire Safeguarding Adults Board

SAB Learning

'Anne' SAR

The Safeguarding Adult Review (SAR) in relation to 'Anne' looks at the actions of the agencies involved in supporting 'Anne', who died in 2018.

The review looked specifically at the multi-agency response to 'Anne's' need in the period prior to her death.

[The full report can be found here.](#)

As agreed with her family, the pseudonym of 'Anne' has been used for this review. We thank 'Anne's' family for their help with this review during this difficult time for them.

One Minute Guide (OMG)

Information Sharing

Why is it information sharing important to safeguarding?
Information sharing is vital to safeguarding and promoting the welfare of adults. A key factor identified in may Safeguarding Adult Reviews (SARs) has been a failure by practitioners to record information, to share it, to understand its significance and then take appropriate action.



We ask that the **One Minute Guide to Information Sharing** is shared throughout your networks and organisations. You can find the **OMG here on our website**

WELCOME

On 23rd March the country came together for the national Day of Reflection.

This day not only marked a year since the lockdown, but also gave some much needed time to think about those lives lost, lives saved, and to pay thanks and respect for the outstanding work of colleagues right across health and social care.

It also gave people the opportunity to reflect on and give thanks to those many people across North Yorkshire & beyond who have shown kindness and given much needed support to those most in need in our communities.

The last 12 months have been unprecedented and incredibly difficult for many, and although the Government has shared its 'roadmap' out of lockdown, there will be many changes to the way we live and challenges we will have to face.

Many people are exhausted, weary and uncertain of what is to come yet examples given by our partners at the Board meeting in March demonstrate how people continue to come together to ensure adults across the county are kept safe and it's these qualities of togetherness, collaboration and kindness that will help support us through the coming months.

Whilst Covid has inevitably taken priority, safeguarding does not stop and work has continued across the Board. This newsletter highlights some of the key pieces of work that we have carried out and will continue to build on.

In ending I would, as ever, like to give huge thanks to those who continue to work tirelessly to support those who are most at risk across North Yorkshire and beyond. We see the difference you are making. Thank you all.

Dr Sue Proctor
Independent Chair, NYSAB



Follow us on Twitter: @NYSAB1

Safeguarding Training

Together with the North Yorkshire Safeguarding Children Partnership, the NYSAB have published a **training standards document for organisations** to use to assist partners in identifying the minimum requirements which should be in place across all organisations that work with adults. The training standards document **[can be found here.](#)**

[The full report can be found here.](#)

Level 2 (Safeguarding Adults – Raising a concern) & Level 2 (Safeguarding Concerns Manager Training) competencies have been refreshed and more information **[can be found here on our website.](#)**

Head First

Head First is North Yorkshire's first mental health training Hub. It was developed last year and launched in September.

Through the Hub local news, resources and training – both online and face to face (when safe to do so), are provided.

Suicide Prevention Programme

As a result of NHS funding, a suicide prevention programme at grassroots, community prevention level was rolled out in March 2019.

Since then, additional funding means that 31 projects have been delivered by 24 providers.

You can find the full update on the Suicide Prevention Programme and Head First **[on our website.](#)**

Improving Outcomes for those with Complex Needs

At the Board meeting In March, Sue Peckitt, Chief Nurse at North Yorkshire CCG updated on a new scheme that was developed 18 months ago to share good practice and improve outcomes for people with complex needs.

Scarborough Borough Council and NYCC have looked at a new model including a full-time mental health worker and a part-time psychologist. The council have provided support around rough sleeping with 8 units of accommodation. As the project develops, it is hoped there may be more. Longer term solutions and funding are required however a longer-term plan would be to provide a specific building for the multi-agency work. Partnership work with Horizons and council staff has been done to support people with drugs and alcohol. This partnership work has been excellent despite COVID.

Learning Disability Partnership Board Keeping Safe Champion

Meet Sam Suttar, the LDPB Keeping Safe Champion.

Sam is a self-advocate who is passionate about keeping people safe. Along with other self-advocates, Sam has worked with the NYSAB to co-produce keeping safe guides, Hate Crime Awareness podcast & many other resources. Congratulations Sam. We are looking forward to working with you again.

In the meantime you can keep up to date with the work of the LDPB by **[visiting the NY Partnerships website.](#)**



Safeguarding Adults when Volunteering in North Yorkshire

Volunteers continue to do amazing work to support people during lockdown & play a vital role in supporting local communities as well as keeping those who are most at risk of abuse, harm and neglect safe.

The role of the volunteer is vital in supporting local communities. As a volunteer you may become aware of things which concern you or don't feel right. If you have concerns we want you to know what to do and where to go for help.

Our **One Minute Guide to Volunteering during Covid-19** has all of the information you need. The OMG is available **[here on our website.](#)**

North Yorkshire Safeguarding Children & Adults when Volunteering in North Yorkshire
One Minute Guide
 As a volunteer your role is vital in supporting local communities. You may become aware of things which concern you or don't feel right. If you have concerns we want you to know what to do and where to go for help.
 Social distancing
 Social distancing, self-isolating and quarantine can cause stress and changes in everyone's behaviour. Families are under new pressures and you may worry a child or adult is withdrawn, anxious or depressed.
 Safeguarding and the types of abuse
 The signs of abuse aren't always obvious, and a person may feel scared or unable to say what is happening to them.
 Types of abuse for children and adults include:
 • Physical
 • Emotional
 • Sexual
 • Financial
 We know from other countries that lockdown has increased:
 • Domestic abuse
 • Self-harm
 • Alcohol and/or drug use
 • Signs of abuse
 Signs of abuse may include:
 • Children looking dirty or always wearing the same clothes
 • Children left home alone or outdoors by themselves
 • People being locked in their house without a key or means of leaving
 • Aggressive behaviour and shouting
 • Someone saying that a relative, neighbour, friend or someone else has just taken all of their money or emptied their cupboards of food.
 These are not the only signs of abuse.
 Safeguarding children and adults
 Safeguarding is everybody's business. Say something if you are concerned about a child, young person or an adult.
 If you think a person's life is in immediate danger you should contact the police on 999.
 If you are worried about a child or adult you should:
 • Discuss your concern with your Manager/Coordinator or
 • Contact the North Yorkshire Customer Service Centre on 01609 780780 to speak to a Specialist Advisor.
 Speak to your Manager/Coordinator if:
 • You see a volunteer being given money or gifts from a resident, or
 • If a resident is being offensive towards you or another volunteer.
 Do
 ✓ Remember your boundaries
 ✓ Use your key contacts (make a note or put them in your phone)
 ✓ Report your concerns to your Manager/Coordinator or to the North Yorkshire County Council Customer Service Centre
 Do not
 • Investigate your concerns
 • Manage challenging situations or other people's anxieties
 • Take home any concerns
 Wellbeing is important for everyone
 Don't forget your own wellbeing and speak to your Manager/Coordinator if you feel you are in need of support. If you feel you have any symptoms of Coronavirus and decide to self-isolate.
 For more information and guidance on safeguarding and Covid-19 please visit the Covid-19 pages for the **NYSAB** and **NYSAB**.



Mental Health Awareness Week

10th – 16th May



The theme of the national campaign is 'Nature'

The evidence is clear that access to nature is crucial for our mental health and millions of people re-discovered that during lockdowns this year. However, this was not the same for all of us.

We want to explore what the barriers are and ensure everyone is able to share in the natural world and experience the mental health benefits.

[For more information visit the Mental Health Foundation website.](#)



North Yorkshire Safeguarding Children Partnership (NYSCP)

North Yorkshire Safeguarding Children Partnership would like to encourage individuals to sign up to their monthly e-bulletin **[via this link](#)**

Are you following NYSCP on their social media channels?



www.twitter.com/nyscp1



www.facebook.com/nyscp1

Keep up to date with all things Safeguarding Children by visiting **www.safeguardingchildren.co.uk**

Joint Engagement and Communication



Joint Partnership Strategy

The joint engagement & community strategy will outline the best methods to communicate messages that we have identified through engagement with our respective audiences.

The strategy also highlights the importance of listening to others and not only engaging to find out what they want to tell us but how they want to tell us and how people want us to show that we have listened.

Having a joint approach to engaging and communicating with adults, children, young people and communities helps to ensure messages to keep themselves and others safe is consistent, effective and shaped by people's feedback and experiences. **You can download the strategy and supplementary guide from [our website here.](#)**

Calendar of Activity

The Calendar of Activity brings together the **Joint Partnership Campaigns** of the **North Yorkshire Safeguarding Children's Partnership (NYSCP)**, the **North Yorkshire Community Safety Partnership (NYCSP)** and the **North Yorkshire Safeguarding Adults Board (NYSAB)** as well as existing campaigns and awareness days which the partnerships will support. It also includes individual Board and Partnership activity. It is also important to note that the calendar will be added to and updated throughout the year.

You can find the calendar **[here on our website](#)**

Upcoming Awareness Campaigns

29th March - 4th April - World Autism Awareness Week

20th - 24th April - National Stalking Awareness Week

10th - 16th May - Mental Health Awareness Week

1st - 7th June - Volunteers Week

8th - 14th June - Carers Week

15th - 21st June - Learning Disability Week

21st - 27th June - North Yorkshire & York Safeguarding Week





It is important that everyone has the information they need to be safe and feel safe.



We worked with self-advocates from the North Yorkshire Learning Disability Partnership Board and Inclusion North to make easy read books about Keeping Safe.



- Book 1 is about different types of abuse that can happen.
- Book 2 is about telling someone about abuse that is happening
- Book 3 is about making a report to the North Yorkshire Safeguarding Adults Board



All the books are free on our website: <http://safeguardingadults.co.uk/keeping-safe/easy-read-guides/>



Keeping Safe Guides

The Safeguarding Adults Board worked with the North Yorkshire Learning Disability Partnership Board and Inclusion North to write some easy read books about 'Keeping Safe' which you can find on our website by clicking [here](#)

A Keeping Safe activity pack for use with the guides is also available

You can access the activities on our website by clicking [here](#)

The audio versions of the guides are now available too and [they can be found here](#)

Worried about someone or need help?

Abuse is always wrong. No one should have to face abuse. By reporting it you can bring it to an end. If you or the person you are concerned about is in danger and immediate action is required, you should ring the emergency services on **999**.

If you or the person you are concerned about are not in immediate danger, you should ring our customer services centre on **01609 780 780**. This includes out of office hours.

The Minicom number is **01609 779 838**

Get in touch

If there is anything you would like to see in future editions of the newsletter or you simply want to get in touch or to keep up to date with the work of the NYSAB you can contact us using the methods below



Email: nysab@northyorks.gov.uk



Follow us on Twitter: [@nysab1](https://twitter.com/nysab1)



Post: North Yorkshire Safeguarding Adults Board, Health and Adult Services, County Hall, Racecourse Lane, Northallerton, DL7 8AD

